

Spirituality of Liturgical Rites

Session 5

The Anaphora (Contd.)



FOUR main Sections:

- (1) Raising of the incense*
- (2) The Offertory*
- (3) Liturgy of the Word*
- (4) The Anaphora*



2. The Offertory

Selection of the **lamb**



“And He took bread, gave thanks and broke it, and gave it to them, saying, “This is My body which is given for you; do this in remembrance of Me.”

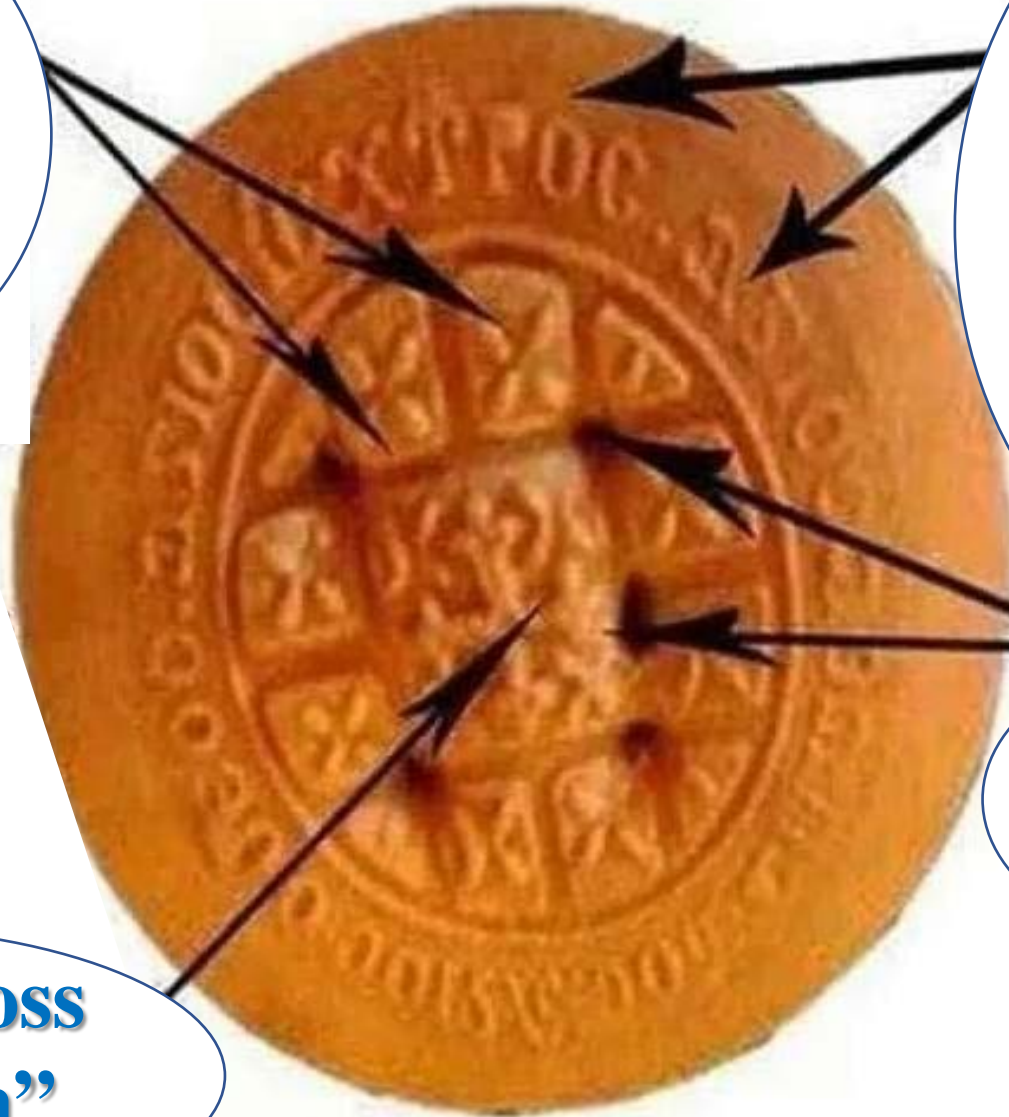
Luke 22:19

**12
small
crosses**

**3
ΑΣΙΟΣ
ο ΘΕΟΣ
ΙΣΧΥΡΟΣ
ΑΘΑΝΑΤΟΣ**

5 holes

**Middle Cross
“Spadikon”**



3. Liturgy of the Word (Catechumen)

- (1) Pauline Epistle** *(Paul = 14)*
- (2) Catholic Epistle** *(John = 3, Peter = 2, James = 1, Jude = 1)*
- (3) Acts of the Apostles** *(Luke)*
- (4) Synaxarion** *(summary of the life of a saint)*
- (5) Psalm**
- (6) Gospel** *(Matthew, Mark, Luke, John)*
- (7) Sermon**

4. The Anaphora

Liturgy of the Faithful



“Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day.”

John 6:54

Seven Sections of the Anaphora:

- (1) The Orthodox Creed*
- (2) Prayer of Reconciliation*
- (3) The Anaphora*
- (4) The Institution Narrative*
- (5) The 7 Short Litanies*
- (6) Commemoration of Saints*
- (7) Fraction, Confession, and Communion*

**Thank You
for Your
Kind Attention**

**Now Let's fully participate in the Liturgy with
awe and understanding**